

ART 112 SKETCHBOOK ASSIGNMENTS

THE THEME IS: **JE ME SENS BIEN DANS MA PEAU**

Translation: I'm comfortable in my own skin



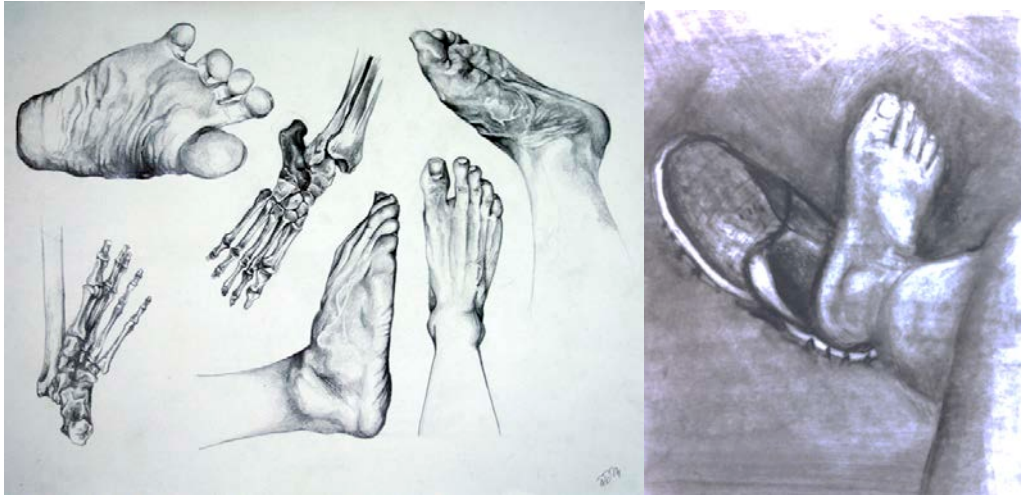
Remember that feeling of curiosity, when you wondered how far you could skip, how high you could jump, how loud you could snore, how long you could giggle? Remember when you played with utmost focus and seriousness, and laughed when you lost nearly as hard as when you won?

That's the kind of attitude we want to cultivate in this sketchbook. Here we want to approach the study of the human body and your own anatomy with a young kid's sense of inquisitiveness and serious play.

Every week you will scan and print or Xerox your favorite sketch and post it in the sketchbook corner in the hallway. There is no censorship. Go where your mind and heart take you. You will look at each week's sketchbook prompts and use them to catapult your imagination and feelings into a space of creativity and self-expression.

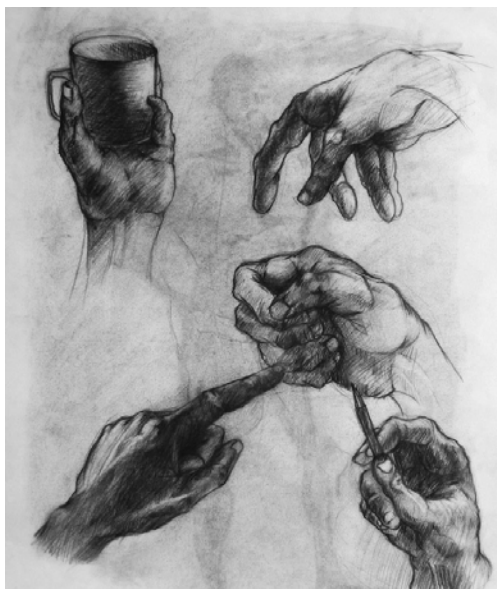
WEEK 1

- **From Here to There:** Your feet (or wheels if differently abled) get you from here to there. Draw a sequence of your feet with toes wrapping around a book, stepping into a shoe, from below, in a tub of rippling water, or whatever. Be academic or be creative but look seriously at these marvels of motion. Where did your feet take you today? Where are they taking your tomorrow?



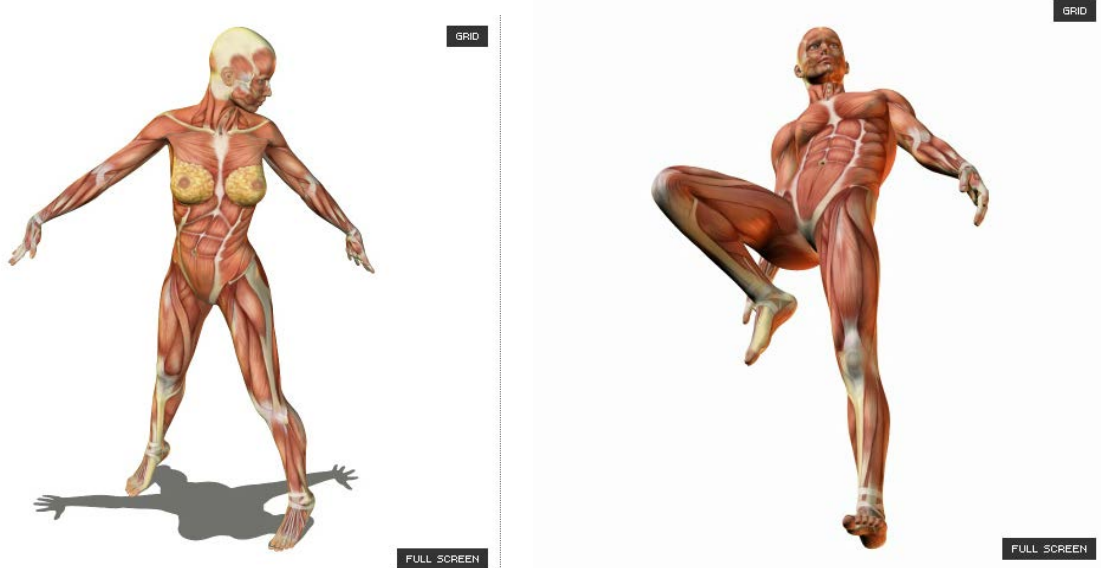
WEEK 2

- **T-T-Touch it!:** Draw your hands in multiple positions, holding a variety of objects. What feels good in your hands?
- Draw your hands spelling out a word using **sign language**, spelling out each letter. Every letter!
- **Fill your hands** with something ephemeral...like love, or fog, or your bff's humor, or whatever.



WEEK 3

- **Muscle Through It:** Go to this site and pick at least 3 action poses to study. Draw the musculature of each. Use a variety of media. <http://www.posemaniacs.com>
- **Peel Off your skin:** Strike a pose, peel off your skin and depict your muscle and fascia. Anything else going on inside? Yeah, draw that too.



WEEK 4

- **Wrap It Up!** Last week you took the skin off, now you're going to wrap your body in a variety of drapery. Under a sheet or blanket, inside a hoodie, etc.
- **Now you see me Now you don't:** Draw yourself as an invisible person. Work from mirror or photos. Without your face or hands to indicate expressions, what do your clothes and body language communicate about you?



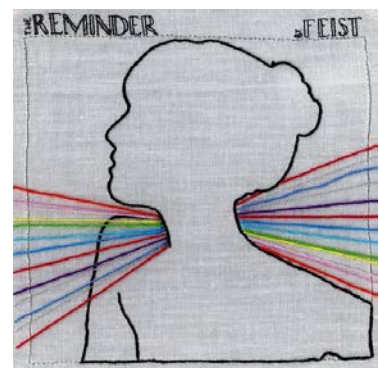
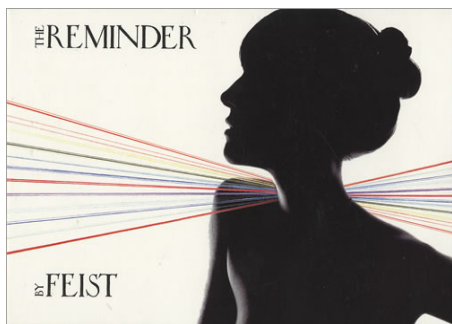
WEEK 5

- **Frankenstein Yourself:** Take a clue from Wangechi Mutu, contemporary artist from Africa, who uses collage and watercolor/ink to create super cool and somewhat disturbing figurative pictures (see below). Take several photos of yourself, emphasizing you best features. Take the same number of photos emphasizing your “worst”. Print them out. Cut them up, shuffle them around, and create hybrid new beings, add ink, marker, color pencil, whatever to complete the frankenstein you. Use as much humor and imagination as you like.



WEEK 6

- **Ya Mo B There:** Remember when you were just a teen...your favorite band was EVERYTHING! You listened to those songs ‘til your ears and heart were raw. Maybe there was a video game character that you wanted to be oh more than anything? Now’s your chance! Take the covers of your favorite 3 cd’s or 3 video games. Use contour lines to replicate them. Insert a linear version of yourself in each. Use marker to outline the line work. Color it in. Dream, have fun, be uber cool!

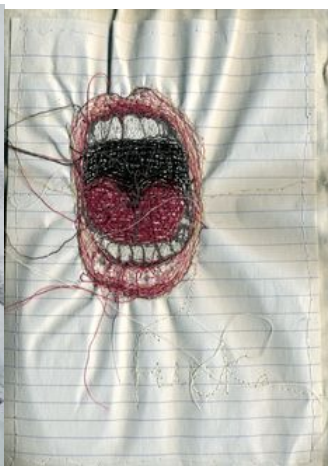


WEEK 7

- **You are what you eat!** Time to get intimate with your consumption and your rituals. Draw your reflection off of a spoon or other reflective stemware/glassware.



- **Draw the inside of your mouth.** Ideally this drawing should say something about your appetites.

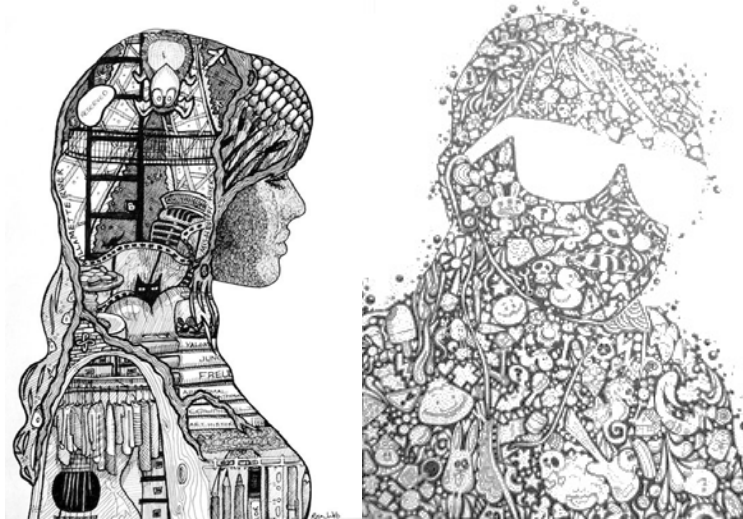


- **Draw yourself eating.** How do you feel about food? Do you have a healthy or thoughtful relationship to what you put into your body or is it...complicated? Try to express your feelings about food in this drawing.



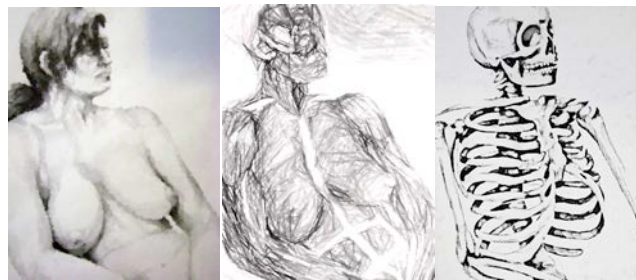
Week 8

- **Topsy Turvy!** Strike some poses and draw 3 contour silhouettes of your poses. Draw your BFF inside one of your contours.
- Inside another, draw your favorite place.
- Inside the third, draw who you want to be or where you want to go.



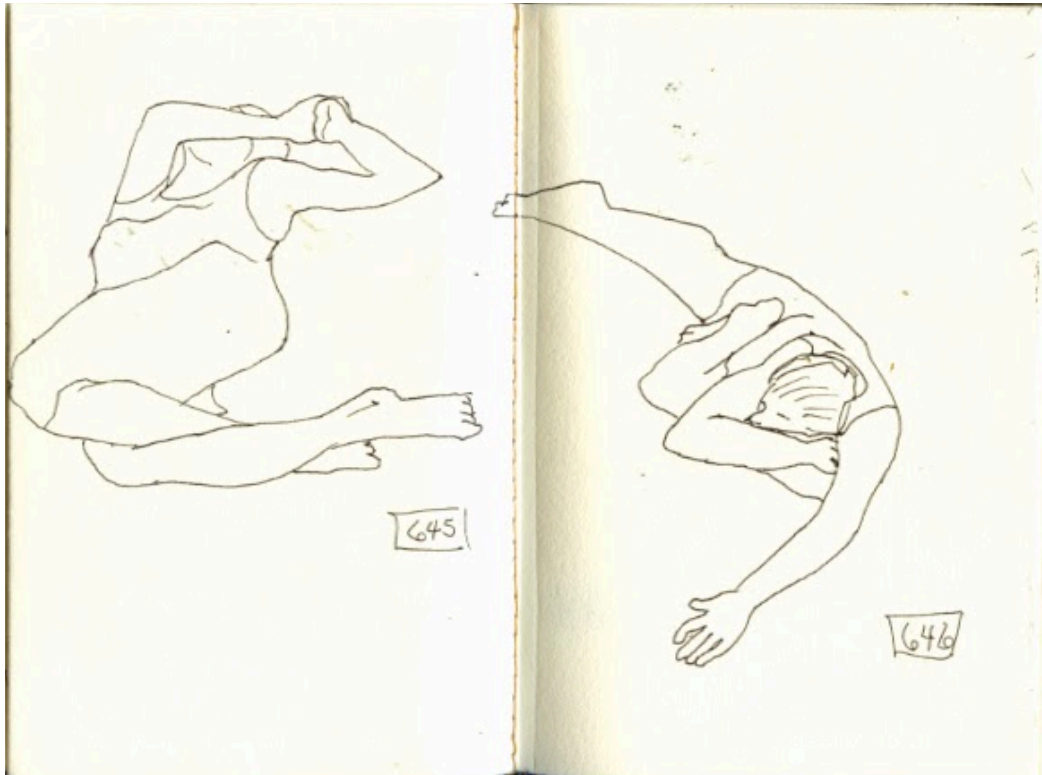
Week 9

- **And Inside Out!** This week you will create a multiple selfM portrait, peeling away the skin, then the muscles. Here you will bring together your knowledge of anatomy with your ability to express yourself visually. Hint, we will be working a large version of this assignment with a model or photo in class.



WEEK 10/11

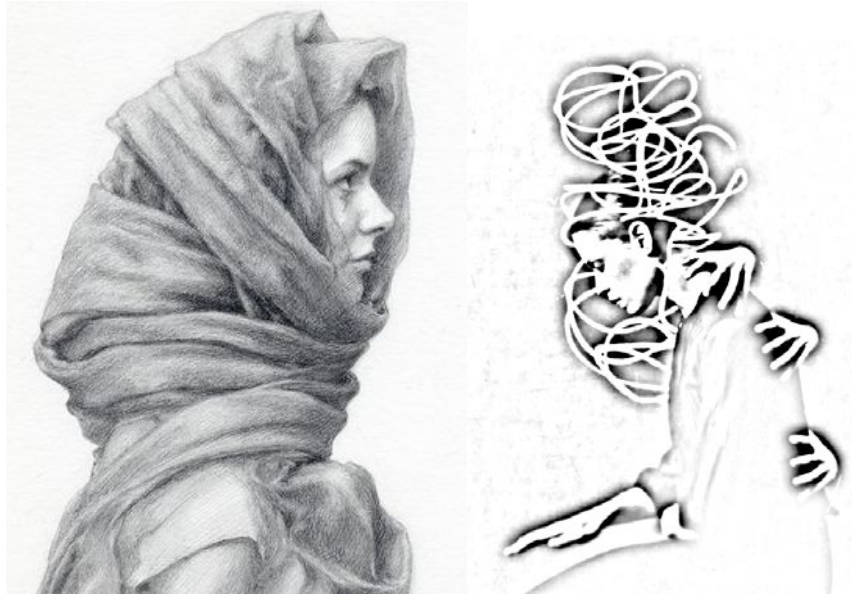
- **Wrapping It Up!** Create a self-portrait (or two) in which you are wrung up and folded up like a piece of drapery.



- **Wrapped up** in a blanket or big coat, chilling out, alone or with someone else.



- **Cocooned** and ready to emerge, a brand new you. Whatever that means to you!.



- **Congratulations...**you've spent 10 weeks straight studying the human figure and also considering yourself as an always available figurative subject!
- **Don't stop now.** Look back over the sketchbook assignments...where there some assignments you would have liked to explore deeper? Where there any ideas the prompts raised but you just didn't have the time to go there, or it would have taken you too far afield and away from the class objectives? Now is the time to go back to those buried treasures! Use your sketchbook to suss out those thoughts, feelings, dreams....